

PARENT PEER LEADERSHIP PROGRAM

Requested Experience and Commitment

Requested Experience

We request that applicants to the PPLP meet the following criteria:

- (a) Significant exposure to NVC (1+ years active study and involvement, including ideally at least 5 days of in-person training)
- (b) A clear commitment to living NVC and deepening their NVC skills over time;
- (c) A desire to move into (peer) leadership and a commitment to doing so within the timeframe of the program.

We welcome and will consider applications from people who have had less time exposure, but who are actively involved in integrating NVC and motivated to begin to share NVC with parents in their communities.

Requested Commitment

We request the following commitment from program participants:

- Intention to participate fully in all program components. On average, we anticipate that participants will dedicate 3-4 hours per week to participating in the program. This request meets needs for integrity, clarity, mutual support and contribution for us.
- Commitment to starting to share NVC with other parents during the program (suggested timeline: March) and an intention to continue doing so for a period of at least one year following the end of the program, following CNVC guidelines for sharing NVC (click [here](#) for more information on these guidelines). This request meets needs for effective use of resources and integrity for us.

- Agreement to offer introductory/series workshops free of charge for the duration of a year after the program ends, except to cover the basic expenses of offering the program (such as copying, cost of booklet, and for some people, room rental). Beyond the year's commitment, or if a participant is offering more than one concurrent program during the year, PPLP participants are welcome to ask for donations for their time as well. (We recognize that some people hope to contribute to their sustainability through sharing NVC, so they can reduce the time spent on other work. If this is the case for you and what we've written here is not sufficient for you, let us know so we can try to attend to both our needs.) This request meets needs for integrity and accessibility of this work for everyone.
- Willingness to make NVC the principal parenting strategy for the duration of the program (to avoid confusion about which strategies support meeting the family's needs). This doesn't mean not being influenced by other approaches, simply that NVC is the core strategy and there is clarity and awareness of the differences and similarities between different strategies. This request meets needs for clarity and learning for us.
- Willingness to share some writings or taped contributions that document your inner process and, if applicable, changes in family life during the duration of the program. These contributions might be used in future publications about NVC and parenting, and/or in research about parenting with NVC (anonymously or attributed to you according to your preference). This request meets needs for support in reaching more people.
- Agreement to purchase recommended NVC materials (such as Marshall Rosenberg's or Inbal Kasten's book), if you do not already have them, for a total of no more than \$50. This request meets needs for support in learning and integration of NVC.2

Application Process & Timelines

The PPLP gives application priority to applicants who meet the requested level of experience and who are able to commit to the full program.

Step 1: Email your Application by September 1st. Early applications are encouraged as space is limited.

If the initial date has passed, don't hesitate to contact us: we will accept applications until the program is full.

Step 2: Once we receive your application, we will email you if we have any further questions. For some applicants, this may include a brief phone interview. The phone interview is intended as a two-way process to address questions and concerns that you or we may have about the program. Interviews may last anywhere between 15 and 30 minutes.

Step 3: Applicants who are accepted into the program will receive an email confirmation with further directions for payments within a couple of days.

Step 4: Following directions given by the above-mentioned email, please complete the registration A.S.A.P.